

18th District Court **Westland Michigan**



Sobriety Court Program



Participant Handbook

Welcome to Sobriety Court

This guide is designed to help you understand your role in the 18th District Sobriety Court. As a participant entering Sobriety Court, you are expected to follow all of the guidelines in this handbook. Please take your time and read the guidelines thoroughly. If there are any questions or concerns, you must address them prior to your entry into the program. As you enter this voluntary program, you must be motivated towards changing your lifestyle and becoming alcohol and drug free.

Mission Statement

The 18th District Sobriety Court has been established to address and eliminate recurring substance abuse among repeat drinking and driving offenders. It has been determined that the combined efforts of the Sobriety Court Team and a committed participant will allow the cycle of substance abuse to end.

Introduction

Through a collaborated effort with the 18th District Court Judges, City Prosecutors, Defense Counsel, Probation Department, Westland Police Department, and Local Treatment Providers, the 18th District Sobriety Court has been established to provide an intensive and comprehensive supervision program to those defendants who have multiple drinking and driving convictions and have a desire for change. The program will provide supervision and guidance that will assist you with establishing sobriety and maintaining a recovery based lifestyle. You may also reduce/eliminate jail time and become eligible for a restricted license through the SOS Interlock Program.

The Sobriety Court utilizes a combination of positive and negative reinforcements to change behaviors. The program consist of several step down phases that must be earned towards graduation. You must be motivated to make changes and also be honest with yourself and the Sobriety Court Team to achieve advancement through each of the Four Phases of the program.

You will be expected to sign releases of information, authorizing the Sobriety Court Team to communicate with treatment providers, sponsors, recovery coaches, family, employers, and any other third party deemed appropriate. You will be required to appear regularly with your Sobriety Court Judge, Case Manager, and Local Treatment Provider. You will also be required to submit to daily/random alcohol/drug testing. Failure to do so will result in denial of program enrollment or program removal.

Eligibility

- Wayne County Resident (Local area required)
- Multiple Drinking and Driving Offenses
- No Prior Violent Felony Convictions (See statute)
- No Current Parole Status
- Desire for a Substance Free Lifestyle
- Substance Abuse Disorder Diagnosis

Our Team

You: Eligible for acceptance into the program and have a desire for change.

18th District Court Judges: Each Sobriety Court Judge is aware of the significant impact of substance abuse on the court system, the lives of the participants and their families, victims of criminal behavior, and the community. They are committed to the Sobriety Court concept and will work as a partner to ensure the success of the team. Each Sobriety Court Judge will preside over team meetings/training and evaluate your progress.

Sobriety Court Coordinator: The Coordinator of the Sobriety Court, in consultation with the Sobriety Court Team, will determine if you are eligible for the program. The Coordinator will maintain contact with all members of the team and will attend all team meetings/training.

Prosecutor: The Prosecutor will make referrals to eligible candidates for Sobriety Court. They will attend staffing meetings/training and make recommendations for the implementations of sanctions.

Defense Attorney: As a participant of Sobriety Court, you will be represented by the Court Appointed Defense Advocate while in the program. Your Defense Attorney will advocate for you and protect your rights. The Defense Attorney will participate in team meetings/training.

Case Manager/Probation Officer: The Case Manager is in charge of your case. The Case Manager will assist you in meeting all of the goals of the program. The Case Manager will meet with you on a regular basis and assist you in obtaining any necessary ancillary services. The Case Manager will facilitate all team staffings and attend all meetings/training.

Treatment Provider: You will be referred to Local Treatment Providers at sentencing. You must attend treatment as a condition of your probation and must sign a release of information. Your therapist must maintain constant communication with your Case Manager and may also be required to attend Judicial Review Hearings to address your progress.

Certified Peer Recovery Coaches: Peer Recovery Coaches assist clients in identifying and connecting with resources for treatment, recovery, health care, life skills training, employment, etc. You will be required to meet and maintain open communication between you and your coach. The coaches will participate in team meetings/training.

Westland Police Department (WLPD) Home Compliance Officer/ Evaluator: You will be held accountable for your actions 24 hours/day. The WLPD/Compliance Officer will be utilized for the accountability concept of the Sobriety Court Program. The officers will participate in team meetings/training as necessary.

Program Components

The Sobriety Court Program consists of Five (5) Phases that are generally completed within 18 months; however, may extend up to 24 months depending on individual progress and needs. Each phase is designed to provide the structure, support, accountability, and monitoring necessary to help you achieve and maintain long-term sobriety. As you successfully progress through the program, you will earn incentives, including reduced court appearances, probation appointments, and work program days as a reward for your commitment to recovery and compliance with program requirements. Advancement from one phase to the next is determined by the Sobriety Court Team and is based on your overall progress, treatment engagement, compliance with program rules, honesty, accountability, and demonstrated commitment to a healthy and sober lifestyle.

Phase One:

Key Concepts: Introduction to the treatment team and acclimation to the program. This phase is designed to help you adjust to the structure, expectations, and routines of the program. Develop healthy habits by attending all scheduled appointments, setting reminders to stay on track, and beginning your journey toward a healthier, more stable lifestyle.

Phase Requirements:

- Weekly meetings with the Sobriety Court Case Manager
- Bi-weekly review hearings
- Attend and actively participate in treatment as directed
- Comply with all alcohol and drug testing requirements as directed
- Demonstrate an understanding of program expectations, rules, and requirements
- Maintain regular contact with the Sobriety Court Team and treatment providers as directed

Requirements to Advance to Phase Two:

- Develop and maintain a therapeutic relationship with the Sobriety Court Case Manager and treatment provider
- Attend all scheduled appointments and meetings; no missed or unexcused absences
- Comply with all alcohol and drug testing requirements; no missed tests
- Demonstrate honesty, accountability, and engagement in treatment and supervision
- Follow all treatment recommendations and program requirements
- Maintain regular communication with the Sobriety Court Team and treatment providers as directed

Phase Two:

Key Concepts: Develop an understanding of the factors contributing to substance use while building healthy routines, accountability, and recovery supports. Focus on strengthening your commitment to sobriety and identifying personal goals that support long-term success.

Phase Requirements:

- Daily alcohol monitoring (3 times per day) using a PBT and/or ignition interlock device
- Random alcohol and drug testing a minimum of two times per week
- Weekly meetings with the Sobriety Court Case Manager
- Bi-weekly review hearings
- Complete a substance use evaluation and begin the alcohol education group
- Begin individual treatment sessions
- Attend at least one AA, NA, or other approved recovery support meeting each week
- Attend peer group meetings once per week

Requirements to Advance to Phase Three:

- Compliance with random home visits
- Attend weekly alcohol education group sessions as directed
- Maintain 45 consecutive days of documented sobriety
- Continue weekly meetings with the Sobriety Court Case Manager
- Continue attendance at bi-weekly review hearings
- Make a minimum payment of \$100 per month toward court-ordered financial obligations
- Demonstrate compliance with treatment recommendations and program requirements
- No missed or unexcused drug/alcohol tests or appointments during the advancement review period, unless otherwise approved by the Court or Team
- Demonstrate honesty, accountability, and progress toward individualized recovery goals
- Complete all required phase assignments, applications, and goal sheets

Phase Three:

Key Concepts: Continue identifying personal strengths and barriers to recovery while establishing and strengthening a healthy support network. You are expected to incorporate wellness and recovery practices into your daily life, develop greater accountability, and make progress toward the short-term goals established in earlier phases. Emphasis is placed on building a sober lifestyle and developing the skills necessary to maintain long-term recovery.

Phase Requirements:

- Continued weekly meetings with the Sobriety Court Case Manager
- Continued daily alcohol monitoring (3 times per day) using a PBT and/or ignition interlock device
- Continued random alcohol and drug testing a minimum of two times per week
- Continued bi-weekly review hearings

- Continued compliance with all treatment recommendations and requirements
- Continued attendance at AA, NA, or other approved recovery support meetings
- Continued attendance at weekly peer group meetings
- Obtain and maintain contact with a sponsor or recovery mentor approved by the treatment team

Requirements to Advance to Phase Four:

- Compliance with random home visits
- Compliance with any court-ordered work program, community service, or other court-directed obligations
- Compliance with all conditions of probation
- Successful completion of the alcohol education group
- Consistent attendance and participation in individual treatment sessions
- Make a minimum payment of \$100 per month toward court-ordered financial obligations
- Complete a minimum of five (5) court-ordered work program days
- Maintain 60 consecutive days of documented sobriety
- Demonstrate meaningful lifestyle changes, including avoiding people, places, and situations associated with substance use
- Demonstrate honesty, accountability, and integrity at all times
- Complete all required phase assignments, applications, and goal sheets

Phase Four:

Key Concepts: Continue building independence and personal responsibility while maintaining recovery-focused behaviors. This phase is designed to reduce the frequency of court appearances and supervision contacts as you demonstrate increased stability and self-sufficiency. You should continue strengthening positive support systems, pursuing personal, educational, vocational, and financial goals, and developing the skills necessary to sustain long-term recovery.

Phase Requirements:

- Bi-weekly meetings with the Sobriety Court Case Manager
- Attend a Mothers Against Drunk Driving (MADD) Victim Impact Panel
- Continued daily alcohol monitoring (3 times per day) using a PBT and/or ignition interlock device
- Continued random alcohol and drug testing a minimum of two times per week
- Monthly review hearings
- Continued compliance with treatment recommendations and sessions
- Continued attendance at AA, NA, or other approved recovery support meetings at least twice per week

Requirements to Advance to Phase Five:

- Compliance with random home visits
- Maintain regular contact with a sponsor and/or Peer Recovery Coach
- No missed individual treatment sessions during this phase unless excused by the treatment provider and Sobriety Court Team
- Compliance with all conditions of probation
- Make a minimum payment of \$100 per month toward court-ordered financial obligations
- •Complete a minimum of ten (10) court-ordered work program days
- Demonstrate three consecutive months of full compliance with program requirements
- Maintain 90 consecutive days of documented sobriety
- Demonstrate continued lifestyle changes, including avoiding people, places, and situations associated with substance use
- Demonstrate honesty, accountability, and integrity at all times
- Complete all required phase assignments, applications, and goal sheets

Phase Five:

Key Concepts: Demonstrate independence, accountability, and sustained recovery while preparing for successful completion of the Sobriety Court Program. This phase is designed to gradually reduce supervision and increase self-sufficiency as you apply the skills and strategies you have learned throughout the program. Emphasis is placed on maintaining long-term sobriety, strengthening support systems, achieving personal goals, and developing a comprehensive plan for continued success after graduation.

Phase Requirements:

- Monthly meetings with the Sobriety Court Case Manager
- Continued daily alcohol monitoring (3 times per day) using a PBT and/or ignition interlock device
- Continued random alcohol and drug testing a minimum of one time per week
- Continued monthly review hearings
- Continued compliance with treatment recommendations and services, if applicable
- Attend relapse prevention meetings through Hegira at least once per month
- Continued attendance at AA, NA, or other approved recovery support meetings
- Maintain regular contact with a sponsor and/or Peer Recovery Coach

Requirements for Graduation:

- Compliance with random home visits
- Compliance with all conditions of probation
- Successful completion of the Relapse Prevention Program
- Successful completion of individual treatment sessions, if applicable
- Maintain 120 consecutive days of documented sobriety
- Complete all court-ordered work program days and/or community service requirements
- Satisfy all court-ordered financial obligations in full
- Demonstrate personal growth and the development of a realistic long-term recovery plan
- Demonstrate continued lifestyle changes, including avoiding people, places, and situations associated with substance use

- Demonstrate honesty, accountability, and integrity at all times
- Complete all required phase assignments, applications, and goal sheets
- Successfully satisfy all graduation requirements within 24 months of program entry, unless otherwise approved by the Court

Graduation from the Sobriety Court Program is subject to the recommendation of the Sobriety Court Team and approval of the Court.

Important Reminders:

All phase advancement applications, graduation applications, required assignments, and goal sheets must be completed and submitted at least one week prior to the requested promotion or graduation date.

You may obtain a State of Michigan restricted driver's license with the installation of a state approved ignition interlock system with a camera and GPS after 60 days of continuous documented sobriety. You must have an approved ignition interlock device with camera and GPS installed in ALL vehicles registered in your name AND that you operate.

Program Guidelines

Honesty: The key components of Sobriety Court are honesty and personal accountability. Dishonesty will only impede the goal of a sober lifestyle and will result in your termination from the program. Dishonesty in any form: lying, adulterated drug screens, fraudulent AA/NA signatures or documents, etc. will not be tolerated and will be severely sanctioned in Sobriety Court. Your honesty is essential for your participation and success in this program.

You must:

- Honestly answer any questions from the Sobriety Court Team
- Truthfully report any probation violations within 24 hours
- Provide all current address/phone numbers/email addresses and inform the court Sobriety Court Team of any changes within 24 hours
- Alert your case manager of any changes in health/medications
- Alert your case manager of any changes in employment/education

Honesty and accountability are essential components of success in the Sobriety Court Program. You are expected to be truthful and forthcoming with the Court, Sobriety Court Team, and treatment providers at all times. Dishonest behavior undermines the recovery process and may jeopardize your ability to successfully complete the program. Dishonesty in any form will not be tolerated and may result in sanctions, phase regression, or termination from the Sobriety Court Program.

Zero Tolerance of Alcohol and Drugs:

You May Not:

- Consume or possess any alcohol, marijuana, CBD, illegal/controlled substances, synthetic drugs, psychedelic drugs, Kratom, or prescription medications not previously approved by the Sobriety Court Team
- Be around other persons who are using alcohol/marijuana or illegal/controlled substances
- Allow any alcohol/marijuana or illegal/controlled substances in your home, vehicle, or property
- You may not enter any premises where alcohol is the primary source of revenue
- You may not obtain employment or volunteer at any business or organization that sells, promotes, processes, transports, or is affiliated with alcohol or marijuana

*A medical marijuana card does not exempt you from these conditions.

*Some synthetic drugs to avoid include: bath salts, K2/Spice, Ketamine, PCP, etc.

Medications: You may not use any opioids, benzodiazepines, amphetamines, or other prescription medication without prior approval from the Sobriety Court Team. Any current or future prescriptions must be verified and approved prior to the admittance/continuance in the program. As a participant of Sobriety Court, you must notify your physician that you are in Sobriety Court and there must be a signed release of information on file. You should always check with your Case Manager prior to taking any over the counter medications or supplements.

Immediate Sanctions: If violated, you will be seen by the Judge that same day or the next available business day. The Judge may impose a sanction at that time or wait for the scheduled Judicial Review Hearing. Typically, sanctions will be imposed on a progressive based system.

Alcohol/Drug Testing: You will be tested for alcohol and drugs on a regular basis. You must submit to any test requested by your Sobriety Court Case Manager, Home Compliance Officer, Judge, or Westland Police Officer. Any attempt at providing a fraudulent sample/test or failure to test will result in immediate severe sanctions and may result in removal from the program.

Daily Alcohol Testing: You must test a minimum of 3X daily for alcohol either through a PBT, sober link device, or an ignition interlock. Testing schedules will be provided at sentencing and are based on work schedules ONLY. Additional testing may be ordered by any member of the Sobriety Court Team. There will be increased testing for all major holidays.

Random Alcohol/Drug Testing: You will be required to report to 18th DC/Adapt directly after sentencing to enroll in the random testing program. You will then be required to check the Adapt website daily (www.adaptdrugtesting.com) or call 586-773-9040 daily starting at 5:00am in order to determine if you are selected for testing that day. If you are selected, you must report for testing **that same day**. Adapt hours of operation are Mon-Fri 6:00am-8:00am and 5:00pm-8:00pm. Sat-Sun and Holiday hours will be from 8:00am-11:00am only.

Creatinine: All urine test will be tested for creatinine levels. Creatinine is naturally produced in your body and excreted in your urine. Creatinine testing allows the laboratory to monitor dilution or water loading of test samples. The acceptable range of creatinine is 20mg – 400 mg. Any sample that falls out of this range is considered dilute and is therefore unable to be tested for substances. All dilute test will be considered a positive test and will result in a sanction and reset of your continuous sobriety day clock. You are advised not to drink any fluids for 1-2 hours prior to testing to avoid any diluted testing issues.

Positive Drug/Alcohol Test: In the event of a positive test at Averhealth, you can request a confirmation test through them. (If testing at the 18th District Court, you can request a confirmation test through the

court.) If the positive test is confirmed, you will be charged a \$50 fee for the test and an immediate sanction will occur which will reset your continuous sobriety day clock and can significantly delay your phase advancement.

Missed or Late Testing: In the event that you fail to appear for a scheduled drug screen or fail to provide your daily PBT during the required times, an immediate sanction will occur which will reset your continuous sobriety day clock and can significantly delay your phase advancement. An ETG test at a later time WILL NOT negate a missed test.

Attendance: As a member of Sobriety Court, you will be required to attend all Judicial Review Hearings, Probation Meetings, Counseling Sessions, Support Group Meetings and any other session deemed essential. Open and honest communication with the Sobriety Court Team is necessary for successful completion of the program. If you have an emergency that will cause you to miss a scheduled date, you must contact your Sobriety Court Case Manager immediately.

Judicial Review Hearings: You will be required to meet with the Sobriety Court Judge for a review of your progress. The hearings will be held on a bi-weekly basis in Phases One through Three, and a monthly basis in Phases Four through Five. The Sobriety Court Team will be present and will provide information to the Judge to assist them in addressing your progress. You are encouraged to speak freely with the Judge as this is your opportunity to address any issues or concerns about your probation. Failure to appear for the Judicial Review Hearings will result in an immediate sanction.

Phase Application/Goal Sheets: You will be required to complete phase applications and goal sheets that the Sobriety Court Team feel will assist you in achieving and maintaining a sober lifestyle. This will provide the team further information to gauge your progress and make any necessary changes to your treatment plan. You are responsible for checking 18thdistrictcourt.com for Sobriety Court forms/resources. If you are eligible for phase advancement, a phase application and goal sheet must be submitted one week prior to your scheduled Judicial Review Hearing. Failure to do so will move your phase advancement to the next review hearing.

Probation Meetings: The Sobriety Court Case Manager is your guide through the program. You will be required to meet weekly throughout Phase Three, bi-weekly in Phase Four, and monthly in Phase Five. Appointments can be increased at any time based on the Case Manager's discretion. When meeting with your Case Manager, you must provide both your 12 step group and treatment attendance verification sheets and any other requested information. You must inform the Case Manager of changes in residence, phone number, employment, police contacts etc. at each appointment. Always address any issues or concerns about your progress. Failure to appear or make contact will result in an immediate sanction.

Home Compliance Visits: The Home Compliance Officer will make random home visits to ensure compliance. You must read, agree, and sign the Home Compliance Visit Guideline contract within 24 hours of sentencing. All calls must be accepted from the Home Compliance Officer. Missed calls must be returned within 24 hours. Any non-compliance will result in sanctions at your next Judicial Review Hearing.

Curfew: The Judge will impose a 10:00 pm curfew when you enter Sobriety Court. You will make a weekly schedule with your Sobriety Court Case Manager that will allow the adjustment of the curfew based on your employment or special circumstances. If there are any emergencies or events that will result in a curfew violation, you must contact your Sobriety Court Case Manager immediately.

Employment/Education: Each participant must either maintain full time employment/higher education, or the combination of both. If a person is retired, they will be expected to find some form of volunteer opportunity. All employment, volunteering, and educational trainings will be routinely verified by your Sobriety Court Case Manager. It is recommended that you notify your employer/school of your Sobriety Court participation and required court/probation dates.

Treatment: You will participate in substance abuse/mental health therapy in a step down progression throughout your duration of the program through Hegira Inc. or any other approved agency. You are responsible for making contact and completing the assessment within one week of sentencing. This will allow for an evaluation to be completed and confirm your eligibility for the program. You must sign a release of information with the therapy agency

that will allow constant communication between your Sobriety Court Case Manager and your therapist. You must follow your established treatment plan and attend on a regular basis. You are required to maintain and provide a weekly attendance verification sheet to your Case Manager. Failure to do so will result in immediate sanction. Treatment plans may be adjusted to meet your needs. Missed treatment appointment will be considered violations and will be addressed at the Judicial Review Hearings.

Alcohol Education Group: All participants entering the program will be enrolled into the Hegira Alcohol Education Group (AEG). This program consists of 10 group sessions as well as two hours of homework for each group. AEG is designed to provide each participant with an education on substance abuse/use disorders, the stages of change, and how the brain is affected by alcohol/drug abuse. Once completed, you will step down to individual therapy sessions only.

Individual Treatment: Individual Outpatient Treatment Program will begin in Phase One and will typically last through Phase Four, unless continued individual treatment is required through Phase Five. This program is designed to build upon the information gained from AEG in order to develop a treatment plan which will help you navigate through your therapeutic process.

Relapse Prevention: You will be required to attend Relapse Prevention group meetings monthly after Individual Treatment is complete or during it should you continue on. This program is designed to provide you with continued support as you transition out of the Sobriety Court Program. The program will help you develop a recovery based lifestyle and identify community resources that will assist you with maintaining long term sobriety.

AA/NA/Support Groups: Your regular attendance at self-help groups is essential for your success in this program. You will be given a contact book and verification sheets at the time of sentencing. You will be required to attend a minimum of two meetings per week or up to seven days per week depending on your case status. Verification is required and any falsification will result in an immediate sanction.

Peer Group Meetings: The Peer Group Meetings are essentially support meetings exclusively for Sobriety Court participants. This unique group setting is an excellent way for you to connect with your fellow Sobriety Court participants. You are required to attend Peer Group Meetings once per week while in Phase Two with proof to your Case Manager. The Peer Group Meetings are open to all Sobriety Court participants in any phase and may be assigned at the Sobriety Court Team's discretion.

Sponsor: Through your attendance at AA/NA or other support groups, you will come into contact with many other attendees who have been actively involved in the support group setting. Many of these participants have established long term sobriety and will offer their assistance to you in the form of sponsorship. They will provide you with their experience, knowledge, and support as you proceed through the program. You will be expected to locate a Sponsor in Phase Three and provide their contact information to your Sobriety Court Case Manager in order to promote to Phase Three.

Certified Peer Recovery Coaches: These are certified coaches who have successfully maintain sobriety for an extended period of time and have completed rigorous training to help empower others to make healthier choices. The coaches will assist you in identifying and connecting with resources for treatment, life skills, health care, employment, etc. If identified, you will be required to meet with your coach regularly and comply with recommendations provided by the coach. You will be required to complete a recovery plan with your peer coach. This will help you to identify specific goals that you will work towards while in the program.

Rewards: You may receive rewards periodically for program compliance and a demonstrated commitment to a sober lifestyle. Rewards may include but are not limited to:

- Praise from Judge
- Phase Advancement
- Certificates of Achievement
- Driving Privileges
- Interlock \$ Vouchers
- Travel Requests Granted
- Reduction of Work Program Days or Community Service Hours

Driving Privileges: You may become eligible for a restricted drivers license after 60 days of continuous sobriety and the installation of an ignition interlock in any vehicle that you drive/have registered in your name. You will receive a listing of Secretary of State approved companies and you must choose an interlock with a camera and GPS. You must be in full compliance with your probation to receive this privilege.

Ignition Interlock: You must have an ignition interlock with a camera and GPS installed on any vehicle that you drive or is registered in your name. You must provide a copy of the installation certificate to your Case Manager once installed. You will be expected to test on your device daily as required. You are allowed to have other people operate your vehicle, however, you should be the one testing at your required times. After completion of the program, you are expected to continue with the ignition interlock device in your vehicle until you are informed by the Secretary of State that it can be removed.

Travel Request: If you are in compliance without a violation in the last 30 days, you may request to travel. A travel request form must be completed and submitted at least two weeks prior to travel and reviewed for approval. You will be required to utilize electronic testing equipment to comply with daily testing at your expense. You will also be required to test at ADAPT upon your return. Failure to do so will result in immediate sanction and potential denial of future travel.

Fraternization: There will be no fraternization between participants within the program. Everyone within the program is here to offer support, assistance, guidance, etc., but participants need to focus on their own sobriety, first and foremost. Friendships may develop as people appear to court, drug testing, and meetings, but it must not advance further, as this could cause issues with one's own road to recovery.

Sanctions: Non-compliance with program rules will lead to sanctions imposed by the court. In the event of a violation, you will be seen by a Judge that same day or the following business day and an additional fee of \$35 will be assessed. Possible sanctions will be discussed by the Sobriety Court Team and imposed by the Judge on a progressive based system at the Judicial Review Hearing. Sanctions include but are not limited to:

- Increased Alcohol/Drug Testing
- Increased Probation Appointments
- Additional Assessment of Work Program Days or Community Service
- Jail Time/Home Confinement Through Tether Technology
- Additional Fines
- License Revocation
- Program Termination

*Sanctions work in a progressive nature. For example, in the event you violate by failing to report for a test in Phase One, you may receive a verbal warning or additional days on the court's work program. However, if you are in Phase Three and a similar violation occurs, you can expect increased testing and/or possible jail depending on how often a similar violation has occurred.

Discharge: You may be discharged from the Sobriety Court Program for a variety of reasons including, but not limited to:

- Conviction of a New Criminal Offense
- You Display Inappropriate, Disruptive, or Non-Compliant Behaviors
- Refusal to Participate in Program Requirements
- Repeated Violations of Program Rules
- Inability to Be Safely Monitored in the Community

*If you are removed voluntarily or involuntarily from the Sobriety Court Program, you will no longer be eligible for a restricted license through the Secretary of State Interlock Program. License revocation and immobilization will be reinstated immediately.

Graduation: The program can be completed in 15 months but may last up to 24 months. You must have demonstrated compliance with each of the Five Phases and must include 120 days of continuous sobriety in Phase Five prior to graduation. All fines and costs must be paid in full to graduate.

Alumni Program: This program is open to all Sobriety Court graduates. The group is hosted by prior Sobriety Court graduates and overseen by the Case Manager. The program is designed to offer support and will provide suggestions for successful completion for current participants. The Alumni Program is also an excellent way to help you maintain sobriety and a recovery based lifestyle after graduation from Sobriety Court.

Program Contact Information

18th District Court
36675 Ford Road
Westland, MI 48185
734-595-8720
18thdistrictcourt.com

Judge Michael M. McNamara

Zoom Meeting ID: 415-402-1799
Password: 1801

Judge Mark McConnell

Zoom Meeting ID: 596-779-5046
Password: 1818

Haley Bergum: Sobriety Court Case Manager

Direct Phone: 734-260-9953
Email: hbergum@18thdistrictcourt.com
Zoom Meeting ID: 812-538-7869
Password: 1818

Joe Bobby: Home Compliance Officer

Direct Phone: 734-637-0082

Marian Partington: Peer Recovery Coach

Direct Phone: 734-536-4113
Email: marian.partington@gwcares.org

Cole Banchoff: Peer Recovery Coach

Direct Phone: 734-679-2074
Email: cole.banchoff@gwcares.org

Tracy Debreczeny: Sobriety Court Therapist

Direct Phone: 734-523-8250 Ext. 410
Email: tdebreczeny@hegirahealth.org

Words From Graduates

Program is difficult at the beginning, but that is what makes the progress successful.

I am most proud of having almost 2 years of sobriety. I faced major obstacles during this time, but I never turned back to alcohol. Although at times (testing) seemed like a lot, it actually kept me in line. This program has been a huge and positive experience in my life!

Set alarms as they are key to success. Try to get fines paid off, and work program done as soon as possible. If you procrastinate, they will catch up on you.

Tell yourself, "I will be sober today." Taking it one day at a time is the most helpful. If you say you will be sober forever, the commitment/expectations could lead to relapse. I am proud I made it through this program, as no one thought I could.

This program has taught me structure. I was never organized and I never had routine. It helps having a strong discipline.

You must stay focused on sobriety long term. We are all here because we have more than one drinking and driving offense. Even 10 years from now, if we have one drink, it will later turn into 6, or a pint; and then we will be back to our old daily drinking habits.

I never had a savings account or budget plan prior to the program. The fees associated are expensive, but instead of going to the bar and spending money I have learned to put that money aside.

I learned how to get through my emotions and mental thoughts, and work through all my issues, without utilizing alcohol or drugs.

Even though the staff is paid for their job, they helped me the most. Everyone I dealt with seemed to go beyond their job in order to help or talk to me.

Now that I am sober, I am more clear minded and I communicate when something is wrong, rather than bottling it in. I put my main priorities first and never did that before. I also take care of my mental health first.

I feel my connections with counseling and peer group gave me support mentally and emotionally, even beyond sobriety.

I was trapped and now I can start living again.

Peer group helped so much as I was able to share with a group of people, and also hear similar situations.

Counseling and peer groups gave me a space to speak freely. I felt comfortable and these resources helped me stay on track with my sobriety. I now have a much stronger relationship with my children because of my sobriety.

Everyone was very adamant on letting you know they were here to help and wanting to see you succeed in staying sober. There are a lot of different people that are available to talk to.

I think the program is set up nicely to help people realize the problems alcohol has caused them, and it reminds us of the things we can do while living without alcohol. I think the structure and routine of the program definitely had a positive effect on my way of thinking and my handling of situations that occur in life.

I'm most proud of knowing I can move through life without marijuana or alcohol. I can handle situations better now, and everyone in the program was very understanding and helpful.

I'm proud to be clean and healthy. I feel like I've become a new person and I'm not going back to my old habits.

I am proud that I am able to continue my regular activities, but do them sober. I have lost weight, and paid off all my debt.

The start of the program was extremely difficult, but I powered through and now every day gets better and better.

I am very proud to be sober. I am more active in my daily life, and I have achieved a lot of success in work and family relationships.

This program was very rewarding. I found my soul again. The program worked with me, not against me. The team encourages you and they try hard to help people succeed! It requires a lot of reporting which can be stressful, but it is necessary.

The program helped me see my mistake from different views.

There is a lot of support offered, and I really appreciated the understanding from the court that I am truly a good guy that is recovering from addiction.